

DAILY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30	Hygiene & Breakfast	Hygiene & Breakfast	Hygiene & Breakfast	Hygiene & Breakfast	Hygiene & Breakfast
9:00-9:15	Daily Reflection Meditation	Daily Reflection Meditation	Daily Reflection Meditation	Daily Reflection Meditation	Daily Reflection Meditation
9:00-10:15	Education SW/Counseling	Education SW/Counseling	Education SW/Counseling	Education SW/Counseling	Education SW/Counseling
10:15-10:30	Break	Break	Break	Break	Break
10:30-11:45	Morning Group	Morning Group	Morning Group	Morning Group	Morning Group
11:45-12:15	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
12:15-12:30	Break	Break	Break	Break	Break
12:30-1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:30	Afternoon Group	Afternoon Group	Volunteering	Afternoon Group	Afternoon Group
2:30-2:45	Break	Break	Break	Break	Break
2:45-3:45	Education SW/Counseling	Education SW/Counseling	Education SW/Counseling	Education SW/Counseling	Education SW/Counseling
3:45-4:00	Chore	Chore	Chore	Chore	Chore
4:00-5:15	Gym	Outing	Gym	Outing	Gym
5:15-5:30	Break	Break	Break	Break	Break
5:30-6:30	Dinner	Dinner	Dinner	Dinner	Dinner
6:30-10:30	NA 7:30PM Free Time/Activities	Free Time/Activities	AA 8PM Free Time/Activities	AA 8PM Free Time/Activities	Free Time/Activities
10:30-11:00	Quiet time	Quiet time	Quiet time	Quiet time	Quiet time
11:00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

*Each youth will have a check in with Counselor once a week for 15-30 minutes and a long session for 50-60 minutes

*Each youth will have access to Care Planning and Social Worker services at least once a week for 30-60 minutes

*Tuesday and Thursday are Care Conferences that will be held from 1:00-2:30 with a SW, Counselor, Nurse and AW

*Off site AA and NA will be mandatory and times will be posted daily * Schedule subject to change at anytime

